

START SMALL – Return to Jesus

Main Idea:

It is so easy to get busy with life and forget how Jesus has blessed us. It's also easy to get so consumed with negativity that we neglect thanking Jesus. This week we are going to return our attention to Jesus. We will acknowledge Him, thank Him for blessing us, and give him the praise He deserves!

Key Questions:

- Have you forgotten to turn back to Jesus after he has answered a prayer, blessed you, or shown you mercy?
- Have you ever been so focused on receiving the blessing, you didn't stop to thank the one who blessed you?

Optional Questions:

Read Luke 17:11-20

- Who do you resonate with the most in this interaction between Jesus and the lepers? (Jesus, the one Samaritan leper, the nine Jewish lepers)
- How will you return to Jesus this week?
- Have you ever asked to receive mercy instead of asking for healing or a blessing?

Small Steps:

Day 1 Sunday	Psalm 33:6-9	After it's dark, step outside and look at the sky. Don't rush. With each breath imagine God breathing the earth into existence. Stand in awe of Him.
Day 2 Monday	Psalm 40:1-5	Has the Lord ever lifted you out of the pit of despair? Take 10 minutes and tell God how grateful you are.
Day 3 Tuesday	Eph 5:18-20	What do you need to thank God for today? In the morning, make a list. Before you end your day, thank God for every item on your list.
Day 4 Wednesday	Psalm 65:3	Has God forgiven you for your sins? Name them, then thank God for forgiving them all!
Day 5 Thursday	Isaiah 53:3-9	Have you ever rejected or turned away from Jesus? Remember how he has never turned away from <i>you</i> . Thank Jesus for what he has done for you.
Day 6 Good Friday	Mark 14:50-52	Today, ponder how Jesus felt as he left the garden. Consider how he can relate to your emotions. He was rejected, excluded, abandoned, lonely, and betrayed. Now kneel before him.
Day 7 Saturday	Revelation 5:11-14	As you prepare for Resurrection Sunday, read this scripture allowed. Amen.