

START SMALL

Wk.2 - “Pay Attention and You Won’t Miss Out”

How to Use:

Talking through the message during the week helps you and your group turn what God is saying to you into action steps.

Begin with the key questions, add any optional scriptures and questions if needed, and then wrap up by deciding on your next steps.

Main Idea:

God loves us so much that He has put many wonderful things in this world. We need to pay attention so we don’t miss out.

Key Questions:

1. Where do you see God at work in the world?
2. What things do you have or want to have that capture your attention?
3. What things in your life are truly worthy of your focus?

Optional Questions: .

*READ Matthew 5:25-34

What does this passage say to you?

*Evaluate yourself. Are there people or things that cause you to pay more or less attention?

*How can your friends, family, or small group help you in living out paying attention to what matters most?

Next Steps:

How can you Start Small, but make changes that better your life?

SMALL STEPS

SCRIPTURE

Day 1: Psalm 55:22

Day 2: Matthew 11:28-30

Day 3: Isaiah 41:10

Day 4: **1 John 4:5-6**

Day 5: Joshua 1:9

Day 6: John 14:1-7

Day 7: Philippians 4:6-7

SUGGESTIONS

Day 1: Make your bed daily.

Day 2: Make a short task list, and accomplish those things asap.

Day 3: Have a phone-free day.

Day 4: Only look at email once today.

Day 5: Take a single space in a single room, and organize

Day 6: Make a short to-do-list, and do those things first

Day 7: Don’t look at any social media.