

WEEK 4 — Worship and Wonder

Day #2

For years, the church has emphasized evangelism, teaching, fellowship, missions, and service to society to the neglect of the very source of its power – worship.

~ Robert E. Webber

Prayer: *Lord, in my affliction I will worship you.*

Read: *Acts 16:22-34*

Reflect:

- Where were Paul and Silas?
- How do Paul and Silas' actions demonstrate and teach us about worship?
- Who was affected by their worship?
- Is there something in your life preventing you from worship?
- How will you apply this scripture to your own life?

Read: *Psalms 34*

Listen:

- *Psalms 34* by The Brooklyn Tabernacle Choir
<https://www.youtube.com/watch?v=DfW2mkkMTAg>
- *What a Good God* by Tommy Walker
https://www.youtube.com/watch?v=ncn_YGitavQ

Worship Posture: Rise

If you are in the middle of a struggle or if you feel trapped, rise and cry out to God. Use *Psalms 34* as a personal prayer and time of worship. Begin by saying, “*Lord, I will bless you at all times! Your praise shall continually be in my mouth! I have tasted and I have seen that you are good so I will continue to worship you forever. I am brokenhearted but you have promised that you are near and will rescue me from all of my afflictions.*”

Meditate upon the goodness of God.

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Day #3

Praise is declaration, a victory cry, proclaiming faith to stand firm in the place God has given you. Praise is a proclamation that the enemy's intent to plunder you will not rock you. Praise declares that you will not be moved by the enemy's attempt to snatch you away.

~ Darlene Zschech

Prayer: *Lord, help me remain strong in you.*

Read: *Daniel 3:5-30*

Reflect:

- How did Shadrach, Meshach, and Abednego demonstrate worship?
- How did the king react?
- Who was in the other figure in the fire?
- How will you apply this scripture to your own life?

Read: *Psalms 46*

Listen:

- *Victor's Crown* by Darlene Zschech
<https://www.youtube.com/watch?v=8nhAvHGgXWA>
- *Nearer My God to Thee* by Redfourth Chorus
<https://www.youtube.com/watch?v=cP2rBXTwIVw>

Worship Posture: Stand

Be strong. Stand up. Remember that when you're in the fire you are not alone. Acknowledge the fire, but “declare” that the fire cannot harm your soul. Even if you feel overwhelmed, praise God for what he has already done, what he is doing now, and what he will do in the future.

Meditate upon the nearness of God.

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Day #4

Our heavenly Father loves us with an extravagant abandon. Passionate, undignified worship is our only reasonable response.

~ Matt Redman

Prayer: Lord, help me remember all of the blessings in my life that I have forgotten or overlooked.

Read: *2 Samuel 6:13-23*

Reflect:

- How did King David express his worship?
- What does this story teach you about worship and what others think of worship?
- Do you ever “hold back” because of what others think of you?

Read: *Psalms 149:1-5*

Listen/Watch:

- *Every Praise* by Hezekiah Walker
<https://www.youtube.com/watch?v=UuuZMg6NVeA>
- *Shouting Grounds* — Crowder | Hip Hop Dance Choreography | CDF
https://www.youtube.com/watch?v=G_Pj6C10Lig
- *This is Amazing Grace* by Bethel Music Kids
<https://www.youtube.com/watch?v=ZxVadCcRfOI>

Worship Posture: Dance

Today, take time to remember those moments in your life when you became aware of God's presence. Maybe it was a miracle or something that happened in a time of great joy or hardship. Make a timeline and make note of these experiences. Take a few moments to thank God for every one of these experiences. Now dance before God!!

Please share your personal testimony and your dance experience with a friend.

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Day #5

Discipline, willpower, giftedness and going to church can be good things, but they do not guarantee transformation. Transformation comes through valuing God above all else.
~ Adele Ahlberg Calhoun

Prayer: Lord, today I'm surrendering my desires to your leadership. You are my priority, my everything.

Read: *Matthew 13:44-46; Luke 9:57-62*

Reflect:

- How do these scriptures challenge you?
- What does this parable teach you about priorities? about worship?
- How will I apply these scriptures to my daily life?

Read: *Psalms 40:1-8*

Listen:

- *Knees to Earth* – Acoustic by Watermark
<https://www.youtube.com/watch?v=IUv5sECZeBc>
- *Nothing Compares Live* by Third Day
<https://www.youtube.com/watch?v=UFo1PJoL7SE>

Worship Posture: Kneel

Think about your life and your priorities. Evaluate the time you spend at work, sleeping, hanging out with friends, athletic activities, etc. If helpful, make a pie chart so you can see a picture of how you allocate your time for one week. What percentage of time is spent in personal worship, corporate worship per week, Bible study, talking to God? Is your relationship with Jesus a priority? Kneel before the Lord. Talk to him about your findings.

Meditate upon the gift of your salvation and God's grace.

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Day #6

Worship is giving God the best that he has given you. Be careful what you do with the best you have. Whenever you get a blessing from God, give it back to him as a love gift. Take time to meditate before God and offer the blessing back to him in a deliberate act of worship.
~ Oswald Chambers

Prayer: Lord, today I will delight myself in you.

Read: *Mark 14:1-9*

Reflect:

- Where did this story take place?
- What were the different reactions of those present?
- What does this story teach you about worship?
- How will you apply what you learned to your own life?

Read: *Psalms 37:1-6*

Listen:

- *Lord You're Holy* by Prestonwood Choir
<https://www.youtube.com/watch?v=ptxEXppGP1c>

Worship Posture: Prostrate

Fall prostrate before God! Declare his greatness!
Lord, you're Holy!
You are Wonderful and Glorious!
You are Holy, Righteous and Victorious!
You are a Conqueror, Triumphant and Mighty!
You are my Healer, Deliver, Shield and Defense!
You are a Strong Tower and My Best Friend.
You're Omnipotent and Omnipresent!
Lord, you are the Soon Coming King.
You are Alpha, Omega, Lord of Everything!
Holy, holy, holy is Your Name!

Meditate upon the greatness and power of God and delight yourself in him.

WEEK 4 — Worship and Wonder

Day #1

What we see changes the intensity of our worship. Do all that you can to get your eyes on the present God. Look intently for Him. He is likely standing in front of you.
~ Scot Longyear

Prayer: Lord, open my eyes. Help me see you so I may worship you.

Read: *Isaiah 6:1-8*

Reflect:

- What does this scripture teach you about worship?
- What was the worship like?
- What is Isaiah's response to heavenly worship? What is his posture?
- How will you apply this to your own life?

Read: *Psalms 19:1-6*

Listen:

- *You Are Holy* by Christ for the Nation Worship
<https://www.youtube.com/watch?v=q7jIZt3qUVQ>
- *The Majesty and Glory of Your Name* by Tom Fette
https://www.youtube.com/watch?v=6_f0aOp0EPE

Worship Posture: Bow

Imagine that you are in God's presence as Isaiah was. Kneel before God. Repeat these words: *Holy, holy, holy are you God. You are the Lord of hosts. The whole earth is full of your glory. You are majestic and awesome. I am unclean and lost, yet I have seen the Lord!*

Meditate upon the holiness of God.